



We're proud of our patients' smiles

Produced to improve your dental health and awareness

www.humbervalleydental.ca

Summer 2009

from the dentists

We welcome summer with our 4th office newsletter. This has been a very exciting year at *Humber Valley Dental*.

Our most important announcement is that Dr. Geeta Gautham has become a partner at Humber Valley Dental joining Dr. Maureen Jutras. This partnership reinforces our commitment to the highest quality and comprehensive dental care. Together, we hope to help maintain your dental health, and more importantly keep you smiling well into the future.

In addition to continuing to offer family and cosmetic dentistry, we have added services and technology to expand the treatment options we can offer our patients.

The most exciting addition to our practice has been providing all aspects of implant placement in the office. Implants are the best thing that has happened in dentistry and we are so pleased to announce that Dr. Gautham completed advanced training in Implant Dentistry from the Medical College of Georgia. She is a member of the *American Academy of Implant Dentistry* and working on her Fellowship in Implant Dentistry. Now rather than referring portions of implant placement out of the office, with Dr. Gautham's training and experience, we can now serve all your dental implant needs in our location.

Laser assisted gum therapy is another new treatment we now offer. Our team of dentists and hygienists are specially trained in the use of the Diode Laser to treat resistant forms of gum disease that do not respond to traditional treatment methods. We are excited by the wonderful results we have seen in many patients with this painless, safe, cost effective way to control gum disease rather than resorting to gum surgery.

We want to thank you for your continued trust in our practice and the compliment of your referrals of family and friends.

We continue to offer extended hours throughout the summer. Hope to see you soon.

– Dr. Maureen Jutras & Dr. Geeta Gautham



From our Team

Come on in: It is the best thing to do

If it has been sometime since we have seen you, then the most important decision you can make for your oral health is to come in for a check up. Without a regular check up, early dental disease can spread silently to extensive proportions causing not only pain and suffering but also costing time and money.

Gum disease is not only easy to treat in early stages but it is also reversible if caught early enough. Tooth decay, while easy to treat in early stages with a conservative filling, can cause extensive destruction if left untreated, ultimately requiring root canal treatment, crown or worse extraction.

If it is dental anxiety that keeps you from coming in, we can use conscious sedation for relaxation. So call us. Our warm and friendly team is here to overcome the concerns you may have about dental treatment.

We welcome new smiles!

Smiling With Implants

They won't know if you don't tell!

Who wouldn't want to look better, speak better, eat better ...and smile more? Dental implants are now the treatment of choice for many people who need to replace missing teeth.

Whether you're missing one or all of your teeth, there's now an exciting option that will help you smile with confidence again. Thousands of people are flashing smiles that have been beautified by implants, a fabulous tooth replacement technique that can be performed right here in our office.

Implants are made of special biomaterials that are surgically placed in the jawbone under your gum line. After a few months the implant becomes anchored to the surrounding bone.

A natural-looking replacement tooth is then permanently attached to the implant to replace the form and function of a real tooth. Implants can be used to stabilize dentures and bridges, replace just one tooth or to rebuild an entire jaw

of missing teeth. The best part is that they look and feel just like natural teeth.

Here are some of the proven benefits of dental implants.

■ **Improved Appearance:** Dental implants look and feel just like your own teeth, so no one will know unless you tell them.

■ **Improved Self-Confidence:** An attractive, natural-looking appearance, plus the ability to speak and eat normally and comfortably will have you smiling again!

■ **Improved Oral Health:** Dental implants actually preserve bone tissue, and the procedure is considered non-invasive because it does not affect the surrounding teeth.

■ **Reliability:** Dental implants have had a proven track record for more than 35 years, and are an excellent option for tooth replacement.

If you are in good general and oral health you may be an excellent



Before

Actual patient of Humber Valley Dental



After

candidate for dental Implants- no matter what your age!

Call us for a consultation. With implants, your friends won't know how you're looking so good - but you'll feel so great, you might just want to tell them!

SUMMER WHITENING SPECIAL!

10-25% off for teeth whitening with crown, bridge and implant treatment

office information

Humber Valley Dental
Dr. Maureen Jutras
Dr. Geeta Gautham
25 Queen Street N - Box 356
Bolton, ON L7E 5T3

Office Hours

Mon/Tue 8:00 am – 8:00 pm
Wednesday 8:00 am – 4:00 pm
Thursday 8:00 am – 5:00 pm
Fri & Sat 8:00 am – 2:00 pm *

*Alternate Saturdays

Contact Information

Office (905) 857-3398
Fax (905) 857-1433
Emergency (416) 485-7121
Email reception@humbervalleydental.ca
Website www.humbervalleydental.ca

Office Staff

Jan..... Business Coordinator
Tilly, Chris, Frank, Amanda
.....Registered Dental Hygienists
Lisa, Rebecca.....
.....Preventative Dental Assistants
Stephanie.....Patient Care Coordinator
Sandra, Susan Receptionists
Elena..... Restorative Hygienist

Technology Solutions!

We are pleased to announce that we have added the *Odyssey*® Diode Laser to our practice. Many of you have already experienced the laser as part of your gum therapy treatment at our practice.

The term "laser" stands for light amplification by stimulated emission of radiation - a device that produces and amplifies light. The laser is used in two ways: as a warm laser for gum treatment and as a surgical tool.

The preventive treatment the "warm" laser provides is painless and minimally invasive. It works by reducing bacteria which causes gum disease between the teeth and under the gum line.

The excellent results we have seen in controlling gum disease is due to the fact that killing the bacteria (especially anaerobic bacteria) in deep gums after scaling teeth results in better healing. Many of our patients also see and feel the difference the laser has produced.